



Fédération Internationale Sportive de l'Enseignement Catholique

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www.fisec.org

Recognised by the International Olympic Committee

SPECIFICS - ATHLETICS

1. FACILITIES

1.1. Technical installations

The athletic stadium must include :

- 1 track 400m with 6 lanes
- synthetic coating and regulatory marking
- jumps : 1 for highjump, 1 for longjump
- throwing areas : 1 for shotput, 1 for discus, 1 for javelin
- 10 hurdles for each lane (and some replacement slats)
- electronic timing + electronic fotofinish
- space to do the warming up.

1.2. Ancillary facilities

- covered stands (in hard material) for the spectators
- dressing rooms with a clear demarcation for girls and boys, with showers and toilets
- sound system
- call room:
 - o space for the 'race' call room to establish a traffic chain
 - o assembly area for jumping events and throwing events (tarpaulin stands)
 - o the call room must have direct contact with the speaker and with the micro from the general sound system
- room for the secretariat
- separated room for medical services.

2. TECHNICAL EQUIPMENT

2.1. Running events

- 2 or 3 baskets to transport the clothes
- 2 pistols and bullets
- 12 relay sticks
- 6 identical starting-blocks
- finish posts with turn counter and bell
- electronic timing + electronic fotofinish
- 1 anemometer

- regulatory marking for the entrance and finish of the relay zones
- a blue or red flag to mark the place from where the athletes can run in the first lane
- 6 red and white for the relays.

2.2. Jumping events

- 2 height rods
- 2 jump bars
- 1 anemometer for long jump **and triple jump**
- offset board for long jump in perfect condition + 3 plasticine strips
- 2 score boards
- 2 double metallic decametres or pentaver (STANLEY) et 2 voltage plates
- 1 flag to mark the FISEC-record in long jump **and triple jump**.

2.3. Throwing events

- 4 regulatory throwing devices for each event
- 1 hectometres, 2 pentametres, 2 double decametres ou pentaver (STANLEY) and 3 voltage plates
- 1 digital weighing balance for 10 kg
- 3 red flags and 3 white flags
- 3 flags to mark the FISEC-record
- 3 score boards

ATTENTION !!!

**The jumping and throwing areas must meet all necessary safety conditions.
The throwing sectors must be traced and staked.**

2.4. Miscellaneous equipment

- whistles
- 4 walkies-talkies : head referee, starter, arrival, competition secretariat
- 1 podium with 3 steps: each step has to welcome the members of one team
- wheelbarrow, rakes, trowels, brooms and 1 parasol per event
- 1 mini-tractor and trailer for the transport of the hurdles.

2.5. Administrative materials

2.5.1. Call room

- 2 tables for 4 persons
- 8 chairs
- office supplies
- prints relative to the competition.

2.5.2. Secretariat

- ICT material
- office supplies
- printer and copier
- paper.

3. JURY AND STAFF

3.1. Composition of judges

- head referee
- 1 speaker et 1 assistant speaker
- call room:
 - o 2 or 3 membres of the organizing committee
 - o 3 secretaries
- running judges:
 - o 1 head referee
 - o 2 starters recognised by the Athletic Federation
 - o 1 head finish referee
 - o 5 finish referees
 - o 1 head timekeeper
 - o 7 timekeepers
 - o 1 responsible for the anemometer
 - o 2 fotofinish readers
 - o 1 camera operator
- jumping judges:
 - o 1 head referee per event
 - o 3 jugdes per event
 - o 1 responsible for the anemometer
- throwing judges:
 - o 1 head referee per event
 - o 4 judges per event
- diverse:
 - o 2 responsables for the materials
 - o 1 responsible as field police
 - o 1 responsible for the medal presentation + 3 volunteers.

3.2. Auxiliary staff

- 1 medical service + 1 doctor
- 6 to 8 volunteers on the field
- 6 couriers
- 1 responsible for the dressing rooms
- it is advisable to provide supervision for the installations, materials and secretariat during the night.

4. PROGRESS OF THE COMPETITION

4.1. The competition program

The competition program takes place over at least 3 days:

- First day = training day
- Second and third day = competition
- Fourth day = rest
- Fifth day = competition.

4.2. Order of events

FISEC rules for athletics (4.6.1.)