

Gymnastics

July 2023

1. Basics

The competitions are executed in accordance with the International Gymnastics Federation (FIG) regulations. This includes standards in regard to apparatus.

2. Age groups

Following categories can be announced:

- Juniors male - 15 to 17 years (born between 2006 and 2008) ;
- Juniors female - 15 to 17 years (born between 2006 and 2008).

3. Competition program

The team competitions for male age groups are executed according to competition regulation 1 (for the general competition) and according to competition regulation 3 for the apparatus regulation.

One jump is required for the competition one. A second jump is required for the admittance of the apparatus final. Two jumps are required during the apparatus final.

The team competitions for female age groups are executed according to competition regulation 1 (for the general competition) and according to competition regulation 3 for the apparatus regulation.

A team consists of at least 4 and maximum 6 gymnasts.

A maximum of 6 gymnasts are allowed per apparatus and the 3 best grades will be considered for the team ranking.

The 6 best gymnasts per apparatus of the team competition will qualify for the single competition.

However, a maximum of 3 gymnasts per nation and apparatus are starting entitled.

The change of apparatus will be carried out in Olympic order.

The starting order at the apparatuses will be drawn at the apparatus finals.

Each team has 30 seconds to get warmed up for the team competitions per gymnast. (For bars apparatus 50 seconds are available).

Clothes according to FIG regulations should be provided (if possible with national coat of arms).

Gymnasts must present themselves in competition clothes during the official ceremonies.

Each team must be dressed uniformly.

Any violation is sanctioned in accordance with the FIG regulation.

Exception: There are no color restrictions for sokols or shorts in men's gymnastics.

4. Rankings

Following rankings are planned :

- Rankings for singles
- Rankings for teams
- Single ranking per apparatus

When score is even the following procedure determines the ranking:

- For gymnasts male highest total of the top 5 apparatus, then of the top 4 apparatus, etc.
- For the gymnasts female highest total of the top 3 apparatus, then of the top 2 apparatus, etc.

5. Structure of delegation

1 responsible expert per nation.

4 to 6 female gymnasts with 1 trainer maximum.

4 to 6 male gymnasts with 1 trainer maximum.

6. Evaluation and referees

The evaluation of the exercises is based on the current FIG regulations.

2 referees per nation who participate in one or more male competitions.

2 referees per nation who participate in one or more female competitions.

7. Attending delegations

Any delegation registered on time with FISEC or FICEP.

8. Organisation

Date :	From July 10 to 16.
Place :	Dunkerque.
Accommodation :	To be determined.
Gym :	Hall Georges Deleersnyder.
Apparatus :	According to the FIG regulations.

8. Provisional schedule

10 july : arrival of delegations

11 july : training

12 july : competition

13 july : rest day

14 july : competition